

## **CHILDREN BELT REQUIRMENTS**

## PROGRESSION



| KICKS  | STRIKES  |
|--|--|
| Wheel Drop Side Spinning Crescent Leaping Side Blade | Bear Paw<br>Crane Beak<br>Ridge Hand<br>Snake Strike |
| COMBINATIONS   | KEMPOS   |
| 10, 15   | 7-8  |
| SPECIALS   |  |
| 2 Kata<br>Northern Two-Man Fist Set                  |  |